

TECH SAVVY...

Parent Tips



Make a Plan

- Create a tech agreement with your child - include your expectations, time limits, and consequences for not following the agreement
- Download parental monitoring software through your internet or mobile provider
- Maintain a list of all passwords and access your child's device and see what they are doing

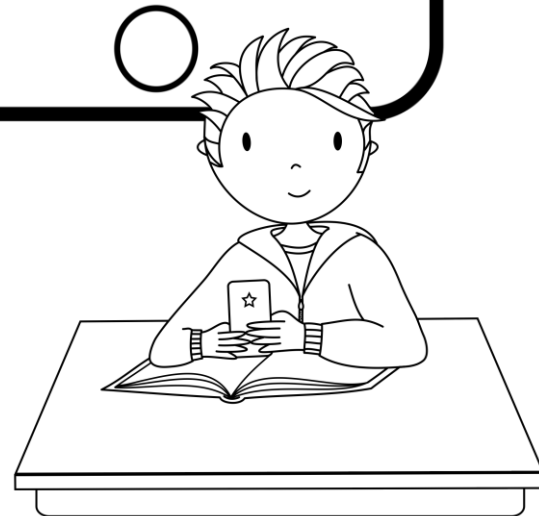
Kids now have virtually unlimited access to the internet and internet connected devices. With the rise of mobile tablets, phones, iPods, and laptops, it is more difficult for parents to monitor what their child is doing online. Technology is a wonderful tool and an important skill for all children. Help your child to use technology safely.

What apps should I look out for?

If you are looking for specific apps, you are behind! Trends change faster than adults can keep up. Check frequently.

Are there certain features I should be wary of?

Yes! Any apps that allow chatting. Includes games geared toward younger users. Cyber bullying and/or predatory behavior can occur within chats.



TECHNOLOGY

Agreement Tips

A Technology Agreement should be personalized to meet the needs of your family. Some ideas to include:



Parents will have access to all usernames and passwords for all devices.



Child will not download any apps without parent permission. For younger children, require a password that only parents have.



Child will not fill out any form online that asks for information about the child or family without parent permission.



If someone sends child pictures, emails, or chats that is mean or threatening, child will not respond and will tell parents.



Child will not call or meet in person anyone they meet online.



If child receives an inappropriate photo from someone, they will not share with friends and will immediately tell parents.



If child makes a mistake and sees something inappropriate, they will tell parents so they can talk about it.



No screens in the bedroom after bedtime.



All devices belong to the parents (even if they were a gift) and can be taken away, looked at, or turned off at any time.



No devices at the dinner table.

Technology agreements should be reviewed periodically and enforced regularly. Parents are keeping their child safe by closely monitoring all device usage!

